

2025 PVA Healthcare Summit + Expo

Live Conference August 24 – August 27, 2025 New Orleans, LA

Continuing Education Information

This continuing education activity is provided by AffinityCE and the Paralyzed Veterans of America (PVA). This activity provides continuing education credit for physicians, physician assistants, nurses, nurse practitioners, pharmacists, psychologists, social workers, occupational therapists, physical therapists, certified rehabilitation counselors, registered dietitians, and speech-language professionals. A statement of participation is available to other attendees.

Course Registration Link: <u>https://na.eventscloud.com/ereg/index.php?eventid=821000&</u> CE Information: <u>https://www.summitpva.org/continuing-education</u>

Learning Objectives

At the end of this activity, participants should be able to:

- List the clinical benefits of utilizing the VA healthcare system for life-long integrated MS care.
- Describe the disciplines and clinical roles common to a multidisciplinary ALS team.
- Identify the cognitive changes commonly observed in multiple sclerosis (MS) patients, focusing on declines in mental processing speed, complex attention, memory, and executive functions.
- Describe the role of neuropsychology in the care of individuals with ALS
- Recognize that people with significant hand function impairment have options to maximize the force and coordination of hand use in everyday activities.
- Analyze the role of neuropsychological assessment in evaluating cognitive functioning and identify the impact of vascular burden on cognitive decline.
- Describe how VA partners with military and community non-profit groups and industry to educate and support Veterans with MS, along with their families and caregivers
- Discuss current roles and future opportunities for health care providers, particularly in spinal cord injury (SCI) and dysfunction, multiple sclerosis (MS), and amyotrophic lateral sclerosis (ALS)

Disclosures

AffinityCE staff, PVA staff, as well as planners and reviewers, have **no relevant financial relationships** with ineligible companies associated with the content of this activity to disclose.

Faculty disclosures are provided for viewing and online access at https://www.summitpva.org/continuing-education prior to the launch of the program to participants and stated prior to the start of each presentation.

Mitigation of Relevant Financial Relationships

AffinityCE adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CME activity, including faculty, planners, reviewers, or others, are required to disclose all relevant financial relationships with ineligible companies. All relevant financial relationships associated with the content of this activity for faculty when present, have been mitigated by the peer review of content by non-conflicted reviewers prior to the commencement of the program.

Physicians



This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of AffinityCE and PVA. AffinityCE is accredited by the ACCME to provide continuing medical education for physicians.

AffinityCE designates this live activity for a maximum of up to 22.50 AMA PRA Category 1 Credits[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physician Assistants



This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of AffinityCE and PVA. AffinityCE is accredited by the ACCME to provide continuing medical education for physicians.

AffinityCE designates this live activity for a maximum of up to 22.50 AMA PRA Category 1 Credits[™]. Physician assistants should claim only the credit commensurate with the extent of their participation in the activity.

Nurse Practitioners



This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of AffinityCE and PVA. AffinityCE is accredited by the ACCME to provide continuing medical education for physicians.

AffinityCE designates this live activity for a maximum of up to 22.50 AMA PRA Category 1 Credits[™]. Nurse practitioners should claim only the credit commensurate with the extent of their participation in the activity.

Occupational Therapists



This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of AffinityCE and PVA. AffinityCE is accredited by the ACCME to provide continuing medical education for physicians.

AffinityCE designates this live activity for a maximum of up to 22.50 AMA PRA Category 1 Credits[™]. Occupational Therapists should claim only the credit commensurate with the extent of their participation in the activity.

Nurses



Continuing Nursing Education is provided for this program through the joint providership between PVA and AffinityCE. AffinityCE is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation (ANCC). This activity provides a maximum of up to 22.50 contact hours of continuing nursing education credit.

Physical Therapists



This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of AffinityCE and PVA. AffinityCE is accredited by the ACCME to provide continuing medical education for physicians.

AffinityCE designates this live activity for a maximum of up to 22.50 AMA PRA Category 1 Credits[™]. Physical Therapists should claim only the credit commensurate with the extent of their participation in the activity.

Social Workers

This program is Approved by the National Association of Social Workers (Approval # 886551225-1163) for 17 continuing education contact hours.

Rehabilitation Counselors



This activity has been submitted to the Commission on Rehabilitation Counselor Certification (CRCC) for 22.50 contact hours.

Speech-Language Professionals



AffinityCE

Intermediate Level Up to 2.10 ASHA CEUs

At the end of this activity, speech-language professionals (SLP) should be able to:

- 1. Define Cognitive Supported Learning (CSL) in the context of Spinal Cord Injury in Acute Inpatient Rehabilitation.
- 2. Discuss the SLP and interdisciplinary team role in supporting the care of individuals with ALS
- 3. Explain the challenges related to having complex conversations with veterans and caregivers.
- 4. Recognize through challenging case studies solutions that help individualize and optimize care.
- 5. Describe the importance of effective interdisciplinary communication and role sharing.
- 6. Identify how participation in educational and research activities related to MS can enhance one's own healthcare experience and lead to new opportunities to change behavior and practice in the MS community.
- 7. List the clinical benefits of utilizing the VA healthcare system for life-long integrated MS care.
- 8. Review the pathophysiological and cognitive mechanisms of fatigue in multiple sclerosis.
- 9. Implement best practices in the management of SCI, MS, and ALS.

Pharmacists



AffinityCE is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This knowledge-based activity will provide a maximum of up to 17.75 contact hours for participants completing all CPE activities. UANs are provided for each session. Participant CE records will be electronically communicated to CPE Monitor. There is no cost to participate in this activity.

Pharmacist Learning Objectives

- Discuss the indications and methods for monitoring of each IV medication approved for neuroimmunological conditions
- Describe the potential treatment sequencing strategies for highly effective therapies in the management of multiple sclerosis

- Summarize advances in the development of novel approaches to identify persons at increased risk for recurrent secondary health conditions.
- Discuss the impact of treatment delays on the efficacy of therapeutics to promote functional recovery after spinal cord injury.
- Discuss the role of pharmacologic non-pharmacologic interventions to slow MS progression.
- Assess the clinical potential of a novel therapeutic in relation to preclinical safety testing, including influence of pharmacokinetic parameters on drug efficacy and patient safety.
- Review best practices in management of SCI, MS, and ALS.
- Discuss proposed approaches to slow MS progression including immunomodulation, remyelination, and neuroprotection with antioxidants and other agents.
- Describe the importance of effective interdisciplinary communication and role sharing.
- Explain the association between cognitive decline in MS and its impact on functional status, community engagement, and quality of life.
- Describe adverse effects of loneliness on health outcomes in the general population
- Explain the public health burden of ALS.
- List the clinical benefits of utilizing the VA healthcare system for life-long integrated MS care.

Dietitians



This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of AffinityCE and PVA. AffinityCE is accredited by the ACCME to provide continuing medical education for physicians.

AffinityCE designates this live activity for a maximum of up to 22.50 AMA PRA Category 1 Credits[™]. Dietitians should claim only the credit commensurate with the extent of their participation in the activity.

Psychologists

AffinityCE is approved by the American Psychological Association to sponsor continuing education for psychologists. AffinityCE maintains responsibility for this program and its content. This activity provides up to 9 hours of CE Credit. The instructional level of this activity is intermediate. The cost to participate in these CE sessions is included in the registration cost for the Program.

Psychologist Specific Learning Objectives

- Identify the cognitive changes commonly observed in multiple sclerosis (MS) patients, focusing on declines in mental processing speed, complex attention, memory, and executive functions.
- List the clinical benefits of utilizing the VA healthcare system for life-long integrated MS care.

- Identify the relation of loneliness to psychological and physical health outcomes among people with SCI and its impacts beyond more objective measures of social relationships
- Identify behavioral and emotional changes frequently associated with ALS and implement behavioral management strategies to adapt to the changes
- Describe the benefits of VA care to address the unique psychosocial challenges faced by the Veteran population and how to assess for eligibility and refer patient to appropriate VA services to address these needs.
- Identify behavioral and emotional changes frequently associated with ALS and implement behavioral management strategies to adapt to the changes
- Explain the role of modifiable, comorbid factors like poor sleep, depression, and fatigue on cognitive functioning.
- Describe common mental health and cognitive challenges veterans with ALS encounter when attempting to perform PA.
- Describe the two types of memory difficulties observed in ALS
- Describe how VA partners with military and community non-profit groups and industry to educate and support Veterans with MS, along with their families and caregivers

Other Professionals

All other health care professionals completing this continuing education activity will be issued a statement of participation indicating the number of hours of continuing education credit. This may be used for professional education CE credit. Please consult your accrediting organization or licensing board for their acceptance of this CE activity.

Commercial Support

No commercial support was provided for this activity.

Participation Costs

The cost to participate in these CE sessions is included in the registration cost for the program.

CME Inquiries

For all CME policy-related inquiries, please contact us at <u>ce@affinityced.com</u>.

How to Earn CE Credit

2025 Paralyzed Veterans of America (PVA) Healthcare Summit + Expo

- 1. Go to pva.cds.affinityced.com.
- 2. Select the activity "2025 Paralyzed Veterans of America (PVA) Healthcare Summit + Expo."
- 3. Enter an e-mail address and password to begin setting up your profile. Select "I Forgot My Password" if you need to reset the password you set up.
- 4. Verify, correct, or add your information.
- 5. Proceed to complete activity evaluations for each session you attended.
- 6. After evaluating all attended sessions, you must complete the Overall Evaluation to download your CE certificate.

- 7. Upon completing your evaluations, you can download your CE certificate. Your CE record will also be stored here for later retrieval.
- 8. Participants who have requested and consented to ASHA CE credit reporting must complete CE evaluations **no later than September 27, 2025**, to comply with ASHA policies.
- 9. Participants claiming Pharmacist CE credits will need to supply their Date of birth and NABP number. Pharmacist CE records will be electronically communicated to CPE Monitor.
- 10. The Web site is open for completing your evaluation for 30 days after the event, until September 27, 2025.
- 11. After the Web site has closed, you can come back to the site at any time to download your certificate, but you will not be able to add any evaluations.

Please send any customer service requests to <u>cds support+PVA@affinityced.com</u>.